# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

### FORM 8-K

# CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported	l):	April 23, 2013	
	Almah, Inc.		
(Exact name	of registrant as specified in its ch	arter)	
Nevada	333-178883	46-0524102	
(State or other jurisdiction	(Commission	(IRS Employer	
of incorporation)	File Number)	Identification No.)	
Pembroke House, 28-32 Pembroke St Upper, Dublin 2, Ireland			
(Address of	principal executive offices) (zip c	code)	
Registrant's telephone number, including area c	ode:	353-871536401	
Not applicable			
(Former name or former address, if changed since last report.)			
Check the appropriate box below if the Form 8-K filing is the following provisions (see General Instruction A.2. below	5 5	the filing obligation of the registrant under any of	
□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)			

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

### Section 5 - Corporate Governance and Management

## Item 5.03 - Amendments to Articles of Incorporation or Bylaws; Change in Fiscal Year.

Effective April 23, 2013, the Board of Directors of Almah, Inc. (the "Company") amended Article 3, Section 3.11 of the Company's Bylaws to provide the directors the ability to fill vacancies occurring on the Board of Directors resulting from an increase in the number of directors. The Bylaws previously required a vacancy resulting from an increase in the number of directors to be filled by the Company's stockholders. A copy of the text of the amendment is attached as Exhibit 3.1 and is incorporated herein by reference.

## Section 9 - Financial Statements and Exhibits

### Item 9.01 - Financial Statements and Exhibits.

(d) Exhibits.

ExhibitNameExhibit 3.1First Amendment to Bylaws

### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## ALMAH, INC.

Dated: April 29, 2013

<u>/s/ Terrence W. Norchi, M.D.</u> Terrence W. Norchi, M.D. President, Chief Executive Officer and Interim Chief Financial Officer

## FIRST AMENDMENT TO BYLAWS

#### ARTICLE 3. BOARD OF DIRECTORS

## 3.11 BOARD OF DIRECTOR VACANCIES

Unless the Articles of Incorporation provide otherwise, if a vacancy occurs on the Board of Directors, including a vacancy resulting from an increase in the number of directors, the director(s) remaining in office may fill the vacancy. If the directors remaining in office constitute fewer than a quorum of the Board of Directors, they may fill the vacancy by the affirmative vote of a majority of all the directors remaining in office.

A vacancy that will occur at a specific later date (by reason of a resignation effective at a later date) may be filled by the Board of Directors before the vacancy occurs, but the new director may not take office until the vacancy occurs.

The term of a director elected to fill a vacancy expires at the next shareholders' meeting at which directors are elected. However, if his term expires, he shall continue to serve until his successor is elected and qualifies or until there is a decrease in the number of directors.